

PACM General Membership Meeting

April 6, 2022

Minutes

In attendance:

Neil Johnston – Lung Association, Manitoba
Raquel Saniuk, Fit Kids Healthy Kids
Andrea Smith, University of Winnipeg
Lynn Jobe, Active for Life
Roy Mulligan, Physical Activity Coalition of Manitoba
Linda Brown, Active Aging in Manitoba
Kylo Harris, Sport Manitoba
Kristine Hayward, Winnipeg Regional Health Authority
Krystle Seymour, PHE Manitoba
Yuna Le Berre, Directeurat de l'activité sportive

Regrets:

Stephanie Jeffrey, Manitoba Fitness Council
Karin Whalen, Active Aging in Manitoba

- **Welcome** – Roy Mulligan welcomed all participants on behalf of PACM Executive
- **Introductions & Member Announcements/Updates**
 - Active Aging in Manitoba – currently working toward the 55+ Games being hosted in Selkirk, June 2 – 9, 2022; the in person Games will be followed by a month of virtual games; good registration
 - Active for Life – provide activity resources for families; have physical literacy resources available in 10 languages – can be downloaded or request print copies ; an Active Travel toolkit is available; online at <https://activeforlife.com/>

- Directorat de l'activité sportive – sharing their recently completed strategic plan with partners; recently held a Francophone curling bonspiel; working on summer plans for soccer and camps
- Winnipeg Regional Health Authority – continue to work through the transformation; focus on policy specifically the City of Winnipeg Parks and Recreation Master Plan and Active Transportation Advisory committee
- Sport Manitoba – programming has been picking up; some staffing changes; some changes to Community Development Grants occurring; April 11th doing a session on Safeguarding Sports and will be providing some supports for governing bodies to ensure reflected in their organizations
- PHE Manitoba – hosting a Physical Literacy 5.0 webinar with Dean Kreillars – April 28th; partnering with Manitoba Aboriginal Sport and Recreation Council for a Traditional Games workshop on April 29th; call for presenters is out for the October PD day event; Safety in Schools resource being developed as an online tool targeted for release in either June or the fall
- Lung Association Manitoba – Lungtivity program continues to be further developed by Andrea Smith; have had a couple of in person sessions; Smoking Cessation program for youth available; contact Lung Association
- University of Winnipeg – classes end this week; more students getting out in the community now; developing a 50 minute Lungtivity program delivery video to allow further access to program
- Fit Kids Healthy Kids – booking for summer programs – day camps; now offering Gym Blast to schools through PE teachers – provides awareness of program and physical literacy activities
- **Executive Committee Report**
 - PACM Funding - Provincial funding was approved for the 4th quarter (to end of March 2022); no word yet on funding for 2022/2023 fiscal year
 - PACM Annual General Meeting – will be held on May 26, 2022 at 10:00 am; determination on whether to be in person or virtual will be

made soon; more information will be sent to members and stakeholders

- PACM Host Organization – a request for expression of interest to be the PACM Host Organization has been sent to eligible PACM Coalition level member organizations; submission deadline is April 23, 2022; term for minimum 2 years up to 6 years; contact Stephanie or Roy with questions
- PACM Executive Nominations – there will be three Executive At-Large positions (two year terms) open for nominations; all PACM members in good standing are eligible but Associate members would not have voting rights; if more than three nominations are received an election will be held at the AGM in May; more information on the positions and nominations will be sent to PACM members
- **Prescription to Get Active (RxTGA) Update** – Continued to connect with different aspects of the health system regarding interest and potential roles in implementation of the program regarding formal notice of interest that can be used in further discussions and regarding potential grant funding applications – to date lots of interest but no formal notice of interest
 - Continuing communication with national RxTGA office for information and direction regarding program implementation
 - **Next steps** – meeting with Minister of Mental Health and Community Wellness in late April to discuss the program, the projected budget and potential role of the Province; outcomes of that meeting will impact direction taken to continue to develop the program
- **ParticipACTION** – Kylo Harris is a member of the ParticipACTION Advisory Network as the Sport Manitoba representative; the *This Is Not the Time to Be Still Campaign* urging the Canadian government to make physical activity a priority, had 5000 signatures representing all federal ridings across Canada; in late November ParticipACTION released the Adult Physical Activity Report Card and related resources; the Community Better Challenge will take place June 1 – 30, 2022 some related micro grants targeted women and girls; working on a 5 year budget to present to Federal funders; there was a question on the next release of the Children and Youth

Report Card – ParticipACTION has indicated the report will be released in September 2022.

- **PACM Membership** - PACM currently has 21 member organizations and individuals (3 large Coalition members; 7 small Coalition members; 6 Network members; 5 Associate members) plus Provincial Government partners; please consider a membership if your organization is not yet a member – information available on line.
- **Presentation** – *Managing exercise and physical activity in post-covid condition (long covid)* - unfortunately our presenter had a last minute situation that prevented them from attending. We will look at another opportunity to provide the presentation at a later date.
- **Closing**